

## **One Sheet**

Artist – Confess

Release – Destination Addiction

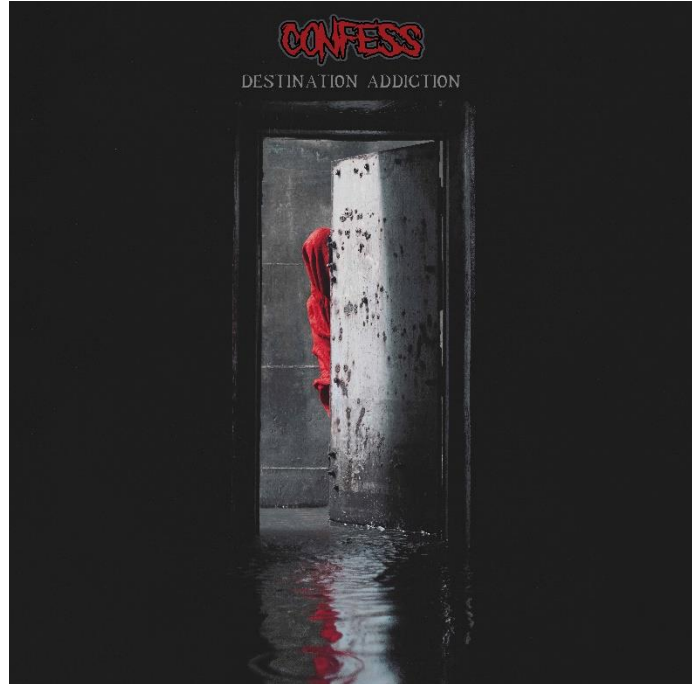
Release Date – January 31<sup>st</sup>, 2025

Label – TBC

Links – [Website](#) | [Instagram](#) | [Facebook](#) | [Twitter/X](#) | [YouTube](#) | [TikTok](#) | [Bandcamp](#) | [Spotify](#) | [Apple Music](#)

## **Tracklisting:**

1. Built On A Grave
2. Slaughterhouse
3. Expedition
4. Dark On Both Sides
5. Suicide Song
6. Final Lap
7. After Goliath
8. Origami God
9. Only Shackles To Lose
10. Breathe In. Breathe Out.



Following on from the release of their universally praised 2022 album “Revenge At All Costs”, Iranian-Norwegian metallers Confess have returned with their latest offering; “Destination Addiction”, which is set for release on January 31<sup>st</sup>, 2025.

Produced by frontman Nikan Khosravi, and mixed and mastered by Grammy-nominated **Alberto De Icaza** (Amon Amarth, Clutch, Miss May I, Dead Cross, Upon A Burning Body) “Destination Addiction” is set to land at a critical point in human history. Given the escalating conflicts across the middle east and between Ukraine and Russia, Confess’ intention with “Destination Addiction” is to ask the question “What happens when you’ve survived things that no-one should have to?” Too often this question ends in dismal fashion, be it suicide, substance abuse, declining mental health, or worse.

Speaking about the album, Nikan has said:

*“With “Destination Addiction”, we aimed to channel our personal experiences and the turbulent times we live in into something musically innovative and brutally honest. This album is a testament to our resilience and passion for metal. “Destination Addiction” delves deep into themes of isolation, depression, addiction, and suicidal thoughts, reflecting our harrowing experiences following their arrest in 2015 and life in exile and I can say that this album is way darker than “Revenge At All Costs”!*

*The lyrical content offers a raw and critical perspective on the political and social turmoil in Iran as well as the broader global climate, addressing the Women, Life, Freedom movement in Iran, the war in the Middle East and Europe, and the dangers of terrorism in today’s world. This album is the aftermath of “Revenge At All Costs”!*”

Nikan further commented on getting to work with extreme metal luminaries George Kollias (Nile) and Marzi Montazeri (ex-Phil Anselmo and Illegals, ex-Superjoint Ritual, ex-Exhorder, Heavy As Texas) on this record:

*“Working with George Kollias has elevated our sound and added a lot of depth and texture to the record. Marzi Montazeri’s contribution to ‘After Goliath’ has provided a dynamic edge.”*

Formed in 2010 in Tehran, Iran, the band’s ideology reflects the experiences of living under a theoretical political system, combining critiques of organized religion with commentary on sociopolitical issues and personal struggles. Their debut album, “Beginning of Dominion”, was released on January 1<sup>st</sup>, 2012. By 2014, Confess had released four singles and an EP titled “Back to My Future [2/4]”. The single ‘Encase Your Gun’ emerged after the Iranian regime suppressed the Green Movement in 2009.

**Arrests and Imprisonment:**

On October 28, 2015, just two weeks after releasing their second album, "In Pursuit of Dreams", frontman Nikan Khosravi and DJ Arash Ilkhani were arrested by the Revolutionary Guards. They faced charges of blasphemy and propaganda against the state due to their music and interviews. After spending three months in solitary confinement and 15 months in public prison, they were released temporarily on bail pending trial. Initially sentenced to six years each, they appealed the verdict.

**Exile and Asylum:**

Due to ongoing threats, Nikan fled to Turkey in 2017. In December 2018 he was granted political asylum in Norway. Arash joined him in May 2019 after also seeking asylum in Turkey. In July 2019, in their absence, an appeal court sentenced Nikan to 12 and a half years in prison plus 74 lashes and Arash to two years in prison.

**Musical Evolution and Success:**

Upon settling in Norway, Confess experimented with seven-string guitars and modern death metal sounds while retaining their signature groove. In 2022, they welcomed three new members and began touring without fear. They released their third album, "Revenge at All Costs", on January 21, 2022, inspired by their struggles and experiences. The album received critical acclaim, earning high ratings from several metal publications and saw the band featured in prominent media outlets like Sky News, The Guardian and BBC.

**Recent Activities:**

In September 2022, Confess signed a worldwide management deal with Extreme Management Group in New York. They continued to face challenges from the Iranian regime, including social media attacks, but remained inspired and productive. They supported Nile on their European tour, performing across 11 countries and 16 cities, solidifying their presence in the global metal scene. In September 2024 Confess supported Belphegor and Malevolent Creation on their European run before appearing at the Vagos Metal Fest in Portugal and Viborg Metal Fest in Denmark. The band's new album "Destination Addiction" is set for release on January 31<sup>st</sup>, 2025.

**POLYMATH PR**

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